# Simple Setup for Patients and Caregivers



A study that evaluated whether enteral nutrition (EN) patients, caregivers, and individuals new to EN could independently learn to operate the Mobility+ system using instructional materials – without healthcare professional (HCP) assistance.

#### Who took part?

25 Participants (Adults & Teenagers):

- ▶ 60% were new to EN
- 40% were Patients or Caregivers

Participants were provided with instructional booklet & video, Mobility+ Enteral Feeding System, the Mobility+ Flow Rate Guide, and 60ml ENFit syringe.

## What did participants do?

- ► Filled Mobility+ with EN formula using a syringe
- ► Connected Mobility+ to extension set
- Simulated feeding with Mobility+ (started a "feed" by allowing formula to deliver into a cup)
- ▶ Wore Mobility+ in a crossbody bag/in clothing
- ▶ Disconnected Mobility+ from extension set
- Selected appropriate feeding set (Giving Set) tubing for sample feeding plan using the Flow Rate Guide

No clinical safety concerns were observed

# **Key finding**

All participants successfully setup Mobility+ and selected the appropriate Giving Set tubing to use.



Easy to Learn

Mobility+ Instructional tools support safe, independent use of Mobility+ without hospital/clinic visit

## **Additional Information about Mobility+**



#### Ideal Emergency Back-up System

As no electricity is required, Mobility+ is ideal for use when pursuing outdoor activities, during power outages, or in emergencies

## **Summary**

Mobility+ is **easy to use**, and Instructional tools support **independent** learning for a wide range of users. It offers clinicians a practical, resource efficient option for EN delivery.





Visit our website to learn more about Mobility+